St John of God Research

# Research Seminars Autumn 2026

**Online Tuesdays 11am–1pm**

**A practical, free seminar series for SJOG staff and volunteers**

| Seminar | Date | Topic Overview |
|---|---|---|
| Getting Started in Research | Tue 15 Sep | How to start research • Turn ideas into research questions • Brainstorm ideas and resources |
| Conducting a Literature Review | Tue 22 Sep | Why literature reviews matter • Sources of information and search plans • Reading, synthesising and referencing |
| Developing a Clinical Research Question | Tue 29 Sep | Evidence-based research • Aims, objectives and framing the question • PICO(T) method and systematic reviews |
| Research & Ethics: Approval for Your Study | Tue 20 Oct | Principles of research ethics • What the REC reviews • Data management, consent and applications |
| Conducting a Clinical Audit | Tue 27 Oct | Research versus audit • Standards-based audit and the audit cycle • Designing audits where REC approval is not required |
| Quantitative Design & Methods | Tue 17 Nov | Choose the right research design • Match design to the question • Measurement levels and key statistical terms |
| SPSS: An Introduction | Tue 24 Nov | Variables and SPSS basics • Set up a data file and enter data • Basic analysis, frequencies and averages |
| Qualitative Design & Methods | Tue 1 Dec | Qualitative research designs • Sampling and data collection methods • Interviews, focus groups and brief NVivo intro |
| Getting Published | Tue 8 Dec | Where to publish • Advantages, barriers and publishing steps • Build an article and follow submission guidance |
| Smart Simple Research Management, DPIA & AI | Tue 15 Dec | Smart Simple and research management • DPIA considerations • AI, machine learning, practical uses and citing AI |



**Seminars take place on TEAMS or similar platforms.**
**Times and dates are provisional.**



# December Learning Hub

**Structured around Open Access Masterclass videos plus discussion time.**

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|---|---|
| Focus Groups | 11am-1pm Thurs 17 Dec |
| Interviews | 11am-1pm Fri 17 Dec |

## Why you should attend?

**Build confidence**
Move from an idea to a clear research question.

**Choose the right method**
Understand audit, qualitative and quantitative approaches.

**Share your work**
Prepare to publish and communicate findings.

## Who should attend?

**Any SJOG staff member or volunteer engaged in research, starting a project, planning an audit, or interested in getting involved.**

If you have any questions please contact Peter Gallagher, Head of Research Support on 01-533 3388 or peter.gallagher@sjog.ie

**To book your place email researchadmin@sjog.ie with:**

1. Your name
2. The SJOG service you work in & your discipline
3. The seminars you wish to attend
4. Please include one sentence on your research interest so we can ensure you get the most out of the seminars.

**Hospitality ● Compassion ● Respect**